



Ein cyf/Our ref: MA-C-VG-0072-19

Lynne Neagle AM  
Chair, Children, Young People and Education Committee

Dai Lloyd AM  
Chair, Health, Social Care and Sport Committee

National Assembly for Wales  
Cardiff Bay  
Cardiff  
CF99 1NA

12 July 2019

Dear Lynne and Dai,

In our meeting on 2 April, I agreed to share with you the draft Together for Mental Health Delivery Plan 2019-22, prior to formal consultation (attached).

As we discussed, the draft delivery plan aims to prioritise and refocus the current range of commitments and recommendations into a coherent and deliverable work plan for both Welsh Government and delivery partners. This includes commitments made in *Prosperity for All*, *A Healthier Wales* and the significant number of related Assembly Committee reports published during the last 18 months. In particular, the priority themes included in the plan have been shaped by the recommendations in the *Mind over Matter*, *Everybody's Business*, *Perinatal Mental Health* and *Use of Anti-psychotic Medication in Care Homes* Committee reports.

For ease, I've included a summary of the priority areas included in the draft plan below:

- 1. Preventing poor mental health and maintaining mental well-being** – *through targeted work on prevention and cross-Government action on the wider determinants of mental health and well-being.*
- 2. Improving access to support for the emotional and mental health well-being of children and young people** - *improving access and ensuring sustainable improvements to timeliness of interventions, as well as supporting the new curriculum and whole school approach. Extending the reach of NHS services into schools and filling gaps in services within both primary and secondary care through Child and Adolescent Mental Health Services (CAMHS).*
- 3. Crisis and Out of Hours provision for children and adults** – *moving to a common, multi agency offer across Wales.*

Canolfan Cyswllt Cyntaf / First Point of Contact Centre:  
0300 0604400

Bae Caerdydd • Cardiff Bay  
Caerdydd • Cardiff  
CF99 1NA

[Gohebiaeth.Vaughan.Gething@llyw.cymru](mailto:Gohebiaeth.Vaughan.Gething@llyw.cymru)  
[Correspondence.Vaughan.Gething@gov.wales](mailto:Correspondence.Vaughan.Gething@gov.wales)

Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn Gymraeg ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.

4. **Improving the access, quality and range of psychological therapies across all ages** - *to deliver a significant reduction in waiting times by the end of this Government, increase the range of therapies offered and support the workforce to provide these interventions to improve service user experience.*
5. **Improving access and quality of perinatal mental health services** – *further development of perinatal mental health services including in relation to quality standards and care pathways and the provision of in-patient provision.*
6. **Improving quality and access to services whilst developing recovery orientated services** – *including responding to Healthcare Inspectorate Wales/Care Inspectorate Wales thematic reviews and reviews by NHS Delivery Unit.*
7. **Supporting vulnerable groups** – *with a focus on improvements to services for eating disorders, offenders (including prison health and the Youth and Female Offender Blueprints) and co-occurring mental health and substance misuse issues.*

These priority areas and the improvements we want to see are dependent on a number of overarching work streams which will also need to be prioritised but will continue beyond the life of the delivery plan. These include improving outcome data, developing the workforce, strengthening third sector and service user engagement and improving access to services in the Welsh language.

The draft delivery plan, which has been informed by the views of service users and a range of partners, has been agreed by Cabinet and a public consultation is planned to commence this month.

Yours sincerely,

A handwritten signature in black ink that reads "Vaughan Gething". The signature is written in a cursive, slightly slanted style.

**Vaughan Gething AC/AM**

Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol  
Minister for Health and Social Services