

Vaughan Gething AC/AM

**Ysgrifennydd y Cabinet dros Iechyd, Llesiant a Chwaraeon
Cabinet Secretary for Health, Well-being and Sport**



Rebecca Evans AC/AM

**Gweinidog Iechyd y Cyhoedd a Gwasanaethau Cymdeithasol
Minister for Social Services and Public Health**

**Llywodraeth Cymru
Welsh Government**

Ein cyf/Our ref MA-P-1792-17

Dr Dai Lloyd AM

Chair

Health, Social Care and Sport Committee

18 July 2017

Dear Dai,

Follow-up to evidence on 29 June 2017

Thank you for your email following our attendance at the Health and Social Care Financial Scrutiny Committee on 29 June 2017.

As agreed during the hearing, we promised to provide the Committee with a note outlining the progress of the Inverse Care Law Programme pilots underway in the Aneurin Bevan and Cwm Taf University Health Boards.

The aim of the two schemes has been to test and share the learning from different population based approaches to reduce inequalities in life expectancy for more deprived communities through proactive targeted action to identify people at increased risk of cardiovascular disease and to agree plan with each individual to reduce that risk.

Aneurin Bevan University Health Board has been testing a community based model called "*Living Well Living Longer*" which provides people with a one to one 45 minute assessment in accessible, local community venues. This assessment includes demographic questions about age, ethnicity, lifestyle and family history. It also includes the testing of blood pressure, pulse, carbon monoxide levels, cholesterol and blood sugar levels. Measurements are also taken for height, weight and waist size to assess the risk of diabetes and those at high risk of diabetes have an additional non-venous blood test to confirm whether or not they have this condition.

Results reported to the Welsh Government by the health board at the end of March 2017 show that 9000 people have attended an assessment through 1,475 sessions held in 49

Canolfan Cyswllt Cyntaf / First Point of Contact Centre:
0300 0604400

Bae Caerdydd • Cardiff Bay
Caerdydd • Cardiff
CF99 1NA

Gohebiaeth.Vaughan.Gething@llyw.cymru
Correspondence.Vaughan.Gething@gov.wales
Correspondence.Rebecca.Evans@gov.wales
Gohebiaeth.Rebecca.Evans@llyw.cymru

Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn Gymraeg ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.

community venues across four cluster areas, covering the registered populations of 25 GP practices.

In 2017-18, the health board is extending the programme to the populations of three further primary care clusters. The health board is developing the programme to include a mental health framework with accredited staff training.

Cwm Taf University Health Board is testing a GP practice based approach with the assessments delivered by trained healthcare support workers. Results reported to the Welsh Government by the health board at the end of March 2017 show that 2,000 assessments have been carried out covering the registered populations of in seven GP practices. In 2017-18, the health board is extending this risk assessment to the registered populations of three more GP practices.

The learning from both pathfinders is positive. In Aneurin Bevan, on average 30% of patients who undertake the health check are identified with health issues which through NICE guideline triggers, require a further appointment with their GP practice in relation to blood pressure, cholesterol and diabetes risk level. In Cwm Taf, 154 patients recorded a raised HbA1c (average blood sugar level) at their health check of which 44 have been diagnosed as diabetic.

We expect the health boards to mainstream this proactive and preventative approach to cardiovascular disease, extending it to other health needs such as mental health where this proves effective.

The learning from these two pathfinders is being shared across Wales to inform service developments. The Heart Conditions, Stroke and Diabetes Implementation Groups are providing £0.3 million per year over three years from 2015-16 to support the rollout and implementation of the programme in the remaining health boards.

Also, as requested, please find attached a link to the National Public Health Outcomes Document. <http://gov.wales/topics/health/publications/health/reports/public-health-framework?lang=en>

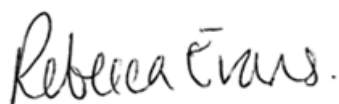
We hope you have found this reply helpful.

Yours sincerely,



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