

**Cyflwynwyd yr ymateb i ymgynghoriad y [Pwyllgor Iechyd a Gofal Cymdeithasol](#) ar [Gwella mynediad at gymorth i ofalwyr di-dâl](#)**

**This response was submitted to the [Health and Social Care Committee](#) consultation on [Improving access to support for unpaid carers](#).**

**UC43: Ymateb gan: Albie Sutton - Gofalwyr Ifanc| Response from: Albie Sutton - Younger Carer**

---

Further to his oral evidence during the [Committee meeting](#) on 4 December 2025, Albie Sutton would like to add the following:

[After paragraph 389](#):

“Lastly, a huge barrier I face is employment. Nearly all my peers at school and people my age have a part-time job and have the time to go out and work and earn their own money to save up or spend. I don't have this opportunity. Because of my caring role and the time it takes out of my week, I can't go out and work and I therefore won't have the opportunities others will have such as paying for car or health insurance, MOT, house deposit, or starting myself off for University, whereas everyone else will. My caring role in itself is equivalent to a part-time job, as it is for all young carers, but the difference is that we don't get paid for it and provide our care for free.”