

**Y Pwyllgor Iechyd a  
Gofal Cymdeithasol**

—  
**Health and Social Care  
Committee**

Professor Amanda Kirby  
Chair  
ADHD Foundation

Professor Anita Thapar  
Division of Psychological Medicine and Clinical Neurosciences, Cardiff University

10 June 2022

Dear Amanda and Anita

**Follow up questions after mental health inequalities inquiry evidence session on 8 June 2022**

Thank you for attending our meeting on Wednesday 8 June 2022 and responding to our questions. Following the session, Members agreed to write to you with a number of follow up questions, as outlined in the annex to this letter.

If possible, we would be grateful for responses by **Friday 24 June**, as this will enable us to take account of your responses during the evidence sessions focused on the workforce we will be holding on 6 July 2022.

Yours sincerely



Russell George MS

Chair, Health and Social Care Committee

Croesewir gohebiaeth yn Gymraeg neu Saesneg. We welcome correspondence in Welsh or English.

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## Annex: follow up questions after evidence session

Following the evidence session you attended on 8 June 2022 as part of our inquiry into mental health inequalities, we would welcome further information on the matters listed below. We would be grateful to receive your response by Friday 24 June.

### Access to mental health services

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1. Throughout our inquiry we have heard about the importance of co-production. To what extent are people with lived experience of neurodivergence or neurodevelopmental conditions involved in the development and delivery of neurodevelopmental services? How could this be improved?

### Awareness and understanding

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2. We have heard concerns about levels of awareness and understanding of neurodivergent conditions among the education, mental health and wider workforce. How could the development and delivery of training could be improved? Are there particular parts of the workforce, or elements of training that should be prioritised?
3. We have also heard that there needs to be greater public awareness and understanding of neurodiversity and neurodivergent conditions. What could be done to encourage a cultural shift in society towards 'embracing' neurodiversity?

### Welsh Government policy

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4. Is there a sufficiently joined-up approach within Welsh Government to deliver the improvements and outcomes needed for people with neurodivergent conditions? If not, what needs to change?