

Cyflwynwyd yr ymateb hwn i ymchwiliad y [Pwyllgor Plant, Pobl Ifanc ac Addysg ynghylch aflonyddu rhywiol rhwng cyfoedion ymysg dysgwyr](#)

This response was submitted to the [Children, Young People and Education Committee](#) inquiry into [Peer on peer sexual harassment among learners](#)

PPSH 22

Ymateb gan: Teuluoedd a Therapiau, Bwrdd Iechyd Prifysgol Aneurin Bevan

Response from: Families and Therapies, Aneurin Bevan University Health Board

The call for consultation was shared within Division which included Child and Adolescent Mental Health service, Paediatrics Services, Paediatrics and Sexual and Reproductive Health.

It was acknowledged that while peer to peer harassment is likely to be a serious problem for some young people, this is not a typical presenting issue for patients in the services above and is not seen in clinical practice. If this was specifically an issue for an individual, appropriate safeguarding protocols would be followed.

A recent Gwent youth question time which was attended by ABUHB staff as part of our coproduction agenda, highlighted sexual relationships as a component of wellbeing, particularly creating a safe environment to talk about relationships and emphasis on being inclusive, having boundaries and being confidential.

In the event on Police and Crime, 'Protection against sexual assault was an issue with the comment "This starts with society and behaviours we learn though life".

Infographic attached

★ LOOK AFTER MYSELF ★ LAUGHTER ★ FRIENDS
 ★ EXERCISE ★ FRESH AIR ★ LISTEN TO YOURSELF

STAYING MENTALLY HEALTHY

★ MAKE WELLBEING A PRIORITY FOR STAFF

CREATE SAFE ENVIRONMENT TO TALK

MAKE IT FUN!

SEXUAL RELATIONSHIPS

- INCLUSIVE
- BOUNDARIES
- CONFIDENTIAL

CLINICS IN HOSPITALS

★ IT'S NOT SOMETHING WRONG WITH YOU ... IT'S SOMETHING HAPPENING TO YOU

DEALING WITH WORRIES

- Ask for Help.
- FRIENDS
 - FAMILY
 - TRUSTED ADULTS

THE BASICS

- FOOD
- SLEEP
- FRESH AIR

DO THINGS THAT BRING YOU JOY



IT'S OKAY TO GET STRESSED - DON'T PUT TOO MUCH PRESSURE ON YOURSELF

EVERYONE HAS BEEN IMPACTED!

- LACK OF STRUCTURE
- UNCERTAINTY
- ON TOP OF OTHER ISSUES
- RETURNING TO SCHOOL

IMPACT OF COVID

HOW CAN WE HELP YOU?

ALL FEELINGS ARE VALID

WE'RE ALL DIFFERENT & FEEL THINGS IN DIFFERENT WAYS

WE'VE ADAPTED...

- TECHNOLOGY
- ATTEND ANYWHERE
- APPOINTMENTS

KINDNESS COMPASSION

BE KIND TO YOURSELF

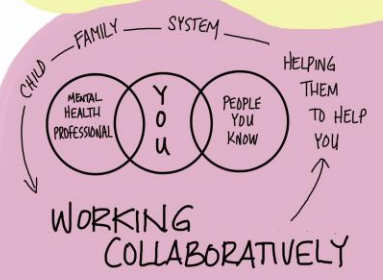
KEEP TALKING



DIVORCE

REMEMBER... YOU'RE NOT RESPONSIBLE FOR WHAT'S HAPPENING TALK TO PEOPLE YOU TRUST

MENTAL HEALTH & WELLBEING



CRISIS SUPPORT



24 HOUR RESPONSE

GP OR A&E REFERRAL
 CRISIS LINE



CHILD LINE SAMARITANS

SOCIAL MEDIA

POSITIVE & NEGATIVE EFFECTS
 EVALUATE FOR YOURSELF
 STEP AWAY IF IT'S NEGATIVE



HAW I HOLI IEUENCTID
GWENT
 YOUTH QUESTION TIME

