

CYPE(6)-01-22 - Paper to note 6

Y Pwyllgor Plant, Pobl Ifanc ac Addysg

Children, Young People and Education Committee

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Lynne Neagle MS
Deputy Minister for Mental Health and Wellbeing

Date: 17 December 2021

Subject: Perinatal mental health

Dear Lynne,

As you are aware mental health remains one of the leading causes of maternal death during pregnancy and the first postnatal year. The COVID-19 pandemic has had a significant impact on new and expectant mothers, with parents facing unprecedented pressures, heightened anxieties, stress and social isolation.

Perinatal mental health is a priority for the Committee. We very much welcomed the update you provided in November on the specialist perinatal mental health inpatient service. The Committee would appreciate regular six-monthly updates on the following:

- this service and more broadly on how the Welsh Government is improving access and quality of perinatal mental health services; and
- on the progress in implementing the previous Children, Young People and Education Committee's report recommendations on PMH to ensure that all women and their families in Wales get consistent, accessible and quality care and support for their mental health during pregnancy and postnatally.

We look forward to receiving the first update in the New Year.

Yours sincerely,



Jayne Bryant MS

Chair

Croesewir gohebiaeth yn Gymraeg neu Saesneg.

We welcome correspondence in Welsh or English.

