

**Cyflwynwyd yr ymateb hwn i ymgynghoriad y [Pwyllgor Plant, Pobl Ifanc ac Addysg](#) ar [Flaenoriaethau'r Chwched Senedd](#)**

**This response was submitted to the [Children, Young People and Education Committee](#) consultation on [Sixth Senedd Priorities](#)**

**CYPE SP 76**

**Ymateb gan: Robert Sage, Athletau Cymru**

**Response from: Robert Sage, Welsh Athletics**

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Beth yn eich barn chi yw'r prif flaenoriaethau neu'r materion y dylai'r Pwyllgor eu hystyried yn ystod y Chwched Senedd? Os oes modd, nodwch eich barn o ran sut y gallai'r Pwyllgor fynd i'r afael â hyn.

What do you consider to be the main priorities or issues that the Committee should consider during the Sixth Senedd? Where possible, please set out your view about how the Committee could address them.

**Thema 1: Addysg oedran ysgol | Theme 1: School-age education**

**Issue:** Increasing the amount of physical activity during the school day and reducing the amount of time spent being sedentary.

**Solutions:**

1. extending the school day to allow more time for extra-curricular physical activity – provision of physical literacy focused after school activity in primary schools and led social running groups for secondary pupils (14+).
2. advocating for adoption of The Daily Mile in all primary schools in Wales.

**Thema 2: Addysg bellach ac addysg uwch | Theme 2: Further and higher education**

**Issue:** access to professional/elite coaching support and elite facilities at HE&FE institutes

**Solutions:**

1. partnership Investment in facilities & coaches
2. advocacy to encourage greater community partnerships with local athletics/sports clubs to allow access to facilities.



**Issue:** mass participation in health enhancing physical activity.

**Solutions:**

1. Investment in social running groups at all HE&FE institutes  
Investment in safe active routes to/from and around all HE&FE institutes and related residential areas.

**Thema 3: Iechyd a lles, gan gynnwys gofal cymdeithasol (i'r graddau y maent yn ymwneud â phlant a phobl ifanc) | Theme 3: Health and well-being, including social care (as they relate to children and young people)**

**Issue:** Equal access to facilities and participation opportunities for C&YP across all 22 LA areas.

**Solutions:**

1. Increase the provision of Junior parkrun opportunities across Wales
2. All children and young people have modern , accessible athletics facilities available within a reasonable journey distance/time.

**Thema 4: Plant a phobl Ifanc | Theme 4: Children and young people**

[as above in themes 1,2, & 3]

