

Cafodd yr ymateb hwn ei gyflwyno i ymgynghoriad y [Pwyllgor Iechyd a Gofal Cymdeithasol](#) ar [Flaenoriaethau'r Chweched Senedd](#)

This response was submitted to the [Health and Social Care Committee](#) consultation on [Sixth Senedd Priorities](#)

HSC PSS 35

Ymateb gan: | Response from: [Gyda'n Gilydd dros Newid](#) | Together for Change

Blaenoriaethau cychwynnol a nodwyd gan y Pwyllgor Initial priorities identified by the Committee

Mae'r Pwyllgor wedi nodi nifer o flaenoriaethau posibl ar gyfer ei waith yn ystod y Chweched Senedd, gan gynnwys: iechyd y cyhoedd a gwaith ataliol; y gweithlu iechyd a gofal cymdeithasol, gan gynnwys diwylliant sefydliadol a lles staff; mynediad at wasanaethau iechyd meddwl; arloesi ar sail tystiolaeth ym maes iechyd a gofal cymdeithasol; cymorth a gwasanaethau i ofalwyr di-dâl; mynediad at wasanaethau adsefydlu i'r rhai sydd wedi cael COVID ac i eraill; a mynediad at wasanaethau ar gyfer cyflyrau cronig tymor hir, gan gynnwys cyflyrau cyhyrysgerbydol.

The Committee has identified several potential priorities for work during the Sixth Senedd, including: public health and prevention; the health and social care workforce, including organisational culture and staff wellbeing; access to mental health services; evidence-based innovation in health and social care; support and services for unpaid carers; access to COVID and non-COVID rehabilitation services; and access to services for long-term chronic conditions, including musculoskeletal conditions.

C1. Pa rai o'r materion uchod ydych chi'n credu y dylai'r Pwyllgor roi blaenoriaeth iddynt, a pham?

Q1. Which of the issues listed above do you think should be a priority, and why?

We think that public health and prevention should be a priority but evidence based and innovative – therefore combining two elements of your list . We have chosen that priority with the caveat that by public health we mean a broad holistic approach that considers the all the determinants of health – social , economic and environmental. Our nation is unhealthy and becoming even more so due to a combination of factors associated with those determinants, and further exacerbated by the pandemic .

We have to stop people reaching crisis point and prevent them from overwhelming and over relying on services. The only way we can do this is to stop people becoming ill in the first place and to provide appropriate early support when needed. Wellbeing should be the principal aim and given that people's wellbeing is largely created with their communities of place – the focus should be local and policies coproduced with the people that are affected by them. Community



groups have shown just how important they are in protecting and safeguarding their populations during the pandemic. If their energy and knowledge was brought together with health and care services (and other services such as the police and leisure services) in a coordinated, person centred and more localised approach we would see a massive impact on wellbeing . There is a growing evidence base that a different mindset and approach by the public sector can make massive difference to benefit health.

This needs

Reframing the purpose and scope of services

A cross policy portfolio approach that breaks through silos

Leadership within government to ensure that policy intentions (eg WFGA) are delivered.

Support for awareness raising, training and leadership to develop a broad based holistic and joint approach across the sectors

Building the evidence base and sharing of good practice – how the views and needs of citizens and communities can be captured and built into strategies , measuring the impact of community led action, how local integration can be achieved so that prevention is built in during the life course.

Blaenoriaethau allweddol ar gyfer y Chweched Senedd

Key priorities for the Sixth Senedd

C2. Yn eich barn chi, pa flaenoriaethau allweddol eraill y dylai'r Pwyllgor eu hystyried yn ystod y Chweched Senedd mewn perthynas â:

- a) **gwasanaethau iechyd;**
- b) **gofal cymdeithasol a gofalwyr;**
- c) **adfer yn dilyn COVID?**

Q2. In your view, what other key priorities should the Committee consider during the Sixth Senedd in relation to:

- a) **health services;**
 - b) **social care and carers;**
 - c) **COVID recovery?**
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Gwasanaethau iechyd

Health services

Mental health , especially of young people should be addressed with immediate effect. Include the voice of young people and the third sector organisations working at the frontline with them.

Gofal Cymdeithasol a gofalwyr

Social care and carers

Recruitment of professionals is a major issue. The language around social care and social care workers is negative – yet it must be rewarding career

Adfer yn dilyn COVID

COVID recovery

See above re mental health.

This will have to centre of communities – the assets of which vary enormously. Support and working with communities will be essential – help with sources of funding ,sharing good practice, listening and responding to needs whilst managing expectations too

Unrhyw faterion eraill

Any other issues

C3. A oes unrhyw faterion eraill yr hoffech dynnu sylw'r Pwyllgor atynt?

Q3. Are there any other issues you wish to draw to the Committee's attention?

In Pembrokeshire the Third sector Solva Care, PAVS and PLANED have drawn together Community Groups, HDUHB and the County Council to agree a ten point plan on how to work towards the model I have described above. See [Together-for-Change-10-Point-Plan-ENGLISH.pdf \(tfcembrokeshire.org\)](https://www.tfcembrokeshire.org/Together-for-Change-10-Point-Plan-ENGLISH.pdf) and in Welsh [Gydau-Gilydd-Dros-Newid-Cynllun-10-Pwynt-CYMRAEG.pdf \(tfcembrokeshire.org\)](https://www.tfcembrokeshire.org/Gydau-Gilydd-Dros-Newid-Cynllun-10-Pwynt-CYMRAEG.pdf). We are working on building trust and a common understanding for a social and green model of wellbeing; building and using the evidence base for community centred approach; and providing direct support for community groups to start, maintain and sustain their good work. We would be happy to present the work to the Committee.