



GIG  
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WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

18 November 2020

Our Ref:  
JAP/RH/ses

Direct Line: 01633 435958

**Sent via Email**

Ms Lynne Neagle  
Chair  
Children, Young People & Education Committee  
Welsh Parliament

Dear Lynne

Thank you for your letter of 10 November with regard to the type of information we provide to children and young people.

I would like to assure you that we place our population at the heart of all that we do and recognise that helping those particularly vulnerable at this time is important. As part of our informing requirements, our website provides information for children and young people, their families and carers and others. The information is obtained from our home page through the community services link and is then available through a further menu on the left of the screen. The following links provide an order by which the information is obtained.

The resource pack provides helpful guides and information about many aspects that may be of concern such as, stress and its management, OCD and anxiety.

<https://abuhb.nhs.wales/community-services/mental-health/>

<https://abuhb.nhs.wales/community-services/mental-health/child-and-adolescent-mental-health-camhs/>

<https://abuhb.nhs.wales/community-services/mental-health/child-and-adolescent-mental-health-camhs/information-for-young-people/>

**Bwrdd Iechyd Prifysgol Aneurin Bevan**

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**Aneurin Bevan University Health Board**

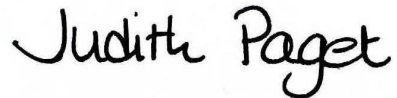
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<https://abuhb.nhs.wales/community-services/mental-health/child-and-adolescent-mental-health-camhs/covid-19-information-and-resource-pack-for-children-young-people-parents-and-carers/>

I hope this is useful and provides assurance for the Committee about the Health Board's commitment to helping children and young people through this challenging time and beyond.

Yours sincerely

A handwritten signature in black ink that reads "Judith Paget". The signature is written in a cursive, flowing style.

**Judith Paget**  
**Prif Weithredwr/ Chief Executive**