Additional information from NSPCC following the meeting on 18 May

Provide a note about the trends/ data regarding the increases in our helpline contacts

1. Our adult HL has seen a change in calls after lockdown, compared to before lockdown:
   Concerns about emotional abuse of children increased from 10-15% (50% incr)
   Parental/ adult health/ behaviours has increased from 19-24%
   Physical abuse from 12-14%
   Family relationship problems from 5-7% (pre-lockdown this was not in top 5)

2. Childline is a service children turn to of their own volition, where we are really hearing children’s voices. There has been a weekly increase in counselling sessions delivered in the first 5 weeks of lockdown.
   The proportion of counselling sessions about MH, suicidal thoughts and feelings and family relationships has all increased significantly since lockdown.
   There has been a significant increase in counselling about abuse compared to before lockdown.
   Counselling for physical and emotional abuse has significantly increased, whereas counselling for sexual abuse has decreased.