## **Sustainability Committee**

## SC(3)-20-09 (p6, annex 1): 5 November 2009

The prices taken from Llandysul Paddlers web site for the activities are: White Water Kayaking Run the Rapids session £25 for over 18's and £15 for under 18's for half a day. White Water Rafting £30 for over 18's and £25 for under 18's for half a day. Kayak and Canoe Trips (flat water with a few small rapids) Run the Rapids session £25 for over 18's and £15 for under 18's for half a day. Kayak or Canoe Coaching 1 to 1 session £15 per hour. Gorge Walking and Coasteering £40 for Adults and £25 for under 16's Guided mountain bike trips including bikes and instructor £40 for Adults and £25 for under 16's River swim session £20 for Adults and £15 for under 16's