

Health, Wellbeing and Local Government Committee

HWLG(3)-22-09-paper 6

Inquiry into Stroke Services - Written evidence from Nora Long

Dear Madam

I am writing this hoping you will be able to help us in getting some help from you and Committee and helping people who have had strokes and helping us to set better treatment so everyone who has had a stroke can get treatment very quickly like ensuring specialised stroke staff, nurses, therapists, psychologists, and clot-busting drugs be available twenty four hours a day and to be available everywhere in Wales. We have one great Doctor, Mr Shetty, a remarkable man who should have an honour from the Queen. We have a wonderful lady who was a therapist before she retired. She runs a club from the stroke unit in the west wing, old infirmary hospital. This club/charity where people who have had strokes and gone home can go, and the club can give stroke sufferers and carers time to relax and give what we can in making their lives. There is much your Committee can give and do giving people a longer and going to these places. I know what I am talking about, I nursed my husband. He was 64 at the time when he had his first stroke, one year before he retired. I nursed him at home. It was very hard work. He went into a coma. He had many strokes. He change with blood clots. It was very hard to see him a wonderful he was with the help from Mr Shetty. His left side was gone to his stroke, and later went into Heath Hospital then west wing, then I was advised I could not do no more for my husband so he had to go into the nursing home as I could not nurse him any more as I was ill with heart trouble. I had already had cancer. He died at St Albans nursing home. So please will you at least go and see these people and the staff who look after them. They are angels in disguise. I hope with a little hope enough to pave the way to give help to Dr Shetty and carers who need the help from your committee.

good health to

may God blessing

God bless

peace be with you all

Thank you all

Mrs Nora Long
and family

Thank you and the Committee. Please give the stroke patient a chance in helping us all. A stroke when you have them is very silent. You don't feel it's that quiet. Please, please help us. We need your wonderful service so will leave it you and the Heavenly Father who guides us all.

Thank you,

Mrs Nora Long