

Health, Wellbeing and Local Government Committee

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Committee Inquiry into Stroke services in Wales – Written evidence from Mrs G.L Probert

Mrs Catherine Hunt
Deputy Clerk
Committee Service
National Assembly for Wales
Cardiff Bay
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Dear Madam,

In reply to your communication about how Stroke Services in Wales.

I had my stroke whilst on holiday in the Cotswolds and was taken to the Royal Gloucester Hospital, Gloucester. After a week or two Dr Shetty was contacted and fortunately a bed was found for me in the Stroke Unit at West Wing Cardiff. From then on I didn't look back as I received the best nursing care possible. Physiotherapy was also on hand every day, the staff worked hard to get my joints working again. Also after discharge a Physiotherapist came out to my home to continue the much needed exercises. From my experiences I can truthfully say West Wing Stroke unit is the best in Wales. I would therefore say paragraph one in the wish list would be my recommendation as it is important for the patient to get immediate treatment at a specialised unit.

I would prefer not to give oral evidence. I have made a good recovery continuing the theme of setting myself goals to achieve, this is something we were encouraged to do on the ward.

I still have some way to go to be back to normal but the advice and care given me whilst a patient on West Wing will, I'm sure see me well on the way. Having a specialised Stroke Unit in Wales is important as the early intervention of treatment is vital to recovery.

Yours faithfully,

(Mrs) G.L. Probert